

# Heartsaver® Bloodborne Pathogens



*Make a PACT, Know How to Act™*

The Heartsaver Bloodborne Pathogens Course is designed to meet Occupational Safety and Health Administration (OSHA) requirements for bloodborne pathogens training when paired with site-specific instruction.

The course covers the general OSHA Standard for bloodborne pathogens training for anyone with a reasonable chance for occupational exposure to bloodborne pathogens. It uses the PACT acronym (Protect, Act, Clean, Tell) and slogan, “Make a PACT, Know How to Act,” to help students learn and easily recall bloodborne pathogens training.



## Course Features:

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- PowerPoint presentation on DVD with pauses for classroom activities and discussion
- Instructor- or content expert-led
- No skills test or skills demonstration session required
- Conducted in large group setting
- Student workbook includes student participation card
- Can be taken for first-time or renewal bloodborne pathogens training

## What are the course's benefits?

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- New course offering from the trusted leader in workplace training makes the American Heart Association the complete resource for companies looking to meet first aid, CPR, AED, and bloodborne pathogens training needs
- Course can be completed in approximately one hour, creating an efficient stand-alone course or add-on to first aid or CPR training
- Also available online for a convenient, flexible option for those who prefer taking an online course (visit [onlineaha.org](http://onlineaha.org) for more information)
- Available in English and Spanish

## What does the course cover?

Through the Heartsaver Bloodborne Pathogens Course, students learn how to:

- **P**rotect themselves from exposure to bloodborne pathogens
- **A**ct when exposed to blood or blood-containing materials in the workplace
- **C**lean themselves and the area when exposed to blood or blood-containing materials in the workplace
- **T**ell or report any exposure to blood or blood-containing materials in the workplace

## Heartsaver Bloodborne Pathogens Course Materials

### *Student Materials (sold separately):*

- *Heartsaver® Bloodborne Pathogens Student Workbook (80-1491)*
- *Spanish Heartsaver® Bloodborne Pathogens Student Workbook (80-2370)*

## Who should take the course?

The Heartsaver Bloodborne Pathogens Course was designed specifically for workplace and health and safety personnel in settings such as industry and manufacturing, Fortune 1500 companies, occupational health, property management, hospitality, security, and health and fitness staff. In addition, childcare workers, school personnel, maintenance workers, tattoo artists, and state corrections facilities may be interested in the course due to additional state regulations.



### *Instructor Materials:*

#### *Heartsaver® Bloodborne Pathogens Instructor Package (80-1492)*

Includes: Instructor Manual, Lesson Maps, 2 Heartsaver Bloodborne Pathogens posters (one in English and one in Spanish), Heartsaver Bloodborne Pathogens DVD with both English and Spanish translations.

#### *Heartsaver® Bloodborne Pathogens Poster\* (80-1502)*

#### *Spanish Heartsaver® Bloodborne Pathogens Poster\* (80-2371).*

*\*Posters sold in sets of five.*

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